

Turn Down the Dial on Cyberbullying and Online Cruelty

1. Reflect on each of these statements about the Internet. Circle three statements that support the idea that the Internet makes bullying easier and a bigger problem.

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| a) Information can spread very quickly on the Internet. | d) Anything someone says could stay on the Internet for a long time. |
| b) If you say something mean online, you don't have to worry about getting in a physical fight. | e) You can get support from groups on the Internet |
| c) You can find lots of information on the Internet. | f) Parents, teachers, and students all use the Internet. |

2. Mei keeps getting mean comments on her Twitter posts. Cara, Mei's good friend, has seen the comments and wants to help. What can both girls do to make the situation better?

- a) Mei could delete her Twitter account. Cara could let Mei use her Twitter account so that Mei can still post, but no one knows it's her.
- b) Mei could ignore and block the bully. Cara could comfort Mei.
- c) Mei could tell the bully to back off, and Cara could post mean things about the bully on Twitter.
- d) Mei could tell the bully to back off, and Cara could get a group of friends to post embarrassing photos of the bully.

3. A(n) _____ helps to de-escalate, or lessen the impact of online cruelty by supporting and standing up for the person who is bullied.

- a) bystander
- b) upstander
- c) target
- d) offender