-HIGH SCHOOL ONLY-A LA CARTE LINE

STUDENT MEALS-\$2.80 (entrée only 2.80)

PICK 3 COLORS FOR A MEAL WITH ONE BEING A FRUIT OR VEG.

THE MEAL BUNDLE INCLUDES-

Main Entrée = (2 grains & 2 m/ma components)

2 Fruits and 2 vegetables (required to take 1)

4 oz 100% Juice – fruit component

Milk

**YOU MUST CHOOSE AT LEAST ONE FRUIT OR VEG. FOR A

MEAL BUNDLE** otherwise you will be charged a la carte prices

(All students can use this for a first lunch; second lunch will be an additional charge 2.85)

(MILK, 2 FRESH VEGETABLE and 2 FRESH FRUIT/1 JUICE)

ALL MAIN ENTREES ARE **GRAINS** & M/MA COMPONENTS

WG-BOSCOS * CHICKEN SANDWICH/FRIES-Mon.

WG-PIZZA * CHEESEBURGER/FRIES – Thurs.

WG-ITALIAN DUNKERS WG-PRETZEL CHEESE STICK

WG-CHEESE OR SAUSAGE BREAD

WG-TACO PIZZA-(1xWeekly) WG-MOZZ. CHEESE STICKS

WG-POPCORN CHICKEN WG-MAX-TACO-(2xWeekly)

WG-NACHO/CHEESE/CHEESE STICK

WG-MINI CORNDOGS (FRI)

OPTIONAL EXTRA-M/MA (Yogurt and Cottage Cheese)

FRUIT OPTIONS-1/2c - 1 c. serving sizes (Variety Daily)

Apples

Oranges

Banana

Pears

Tangerines

Grapes

Melon

Fruit Cup-peaches, mixed fruit, applesauce, pears, strawberries 100% apple /orange juice/grape-1/2c

VEGETABLE OPTIONS-1/2 c.-1c. serving sizes (Variety Daily)

Broccoli

Cauliflower

Carrots

Celery

Cucumbers

Cuban Black Bean Salsa

Green/Red Peppers

Lettuce

Onion

Radishes

Tomato

Beans

Three Bean Salad

All packaged SNACK items are a la carte items Require cash/ NO charging ALL SNACKS

"This institution is an equal opportunity provider and employer."

Cristy Croson-Supervisor of Food Service crosonc@newtoncsd.org or 641-792-5797 ext. 2001