

# NEWTON COMMUNITY SCHOOLS

## Breakfast Menu NOVEMBER 2021



Local Milk Served with all Meals

Monday	Tuesday	Wednesday	Thursday	Friday
1 *Cereal/*Toast Applesauce 100% Juice Milk	2 *Chex Mix/Yogurt Dried Cranberries 100% Juice Milk	3 Egg/Cheese/Ham on *Bagel Cantaloupe/Grapes 100% Juice Milk	4 *Biscuit & Gravy Pineapple/Strawberries 100% Juice Milk	5 Breakfast *Pizza Orange Slices 100% Juice Milk
8 *Cereal Bar/Yogurt Peaches 100% Juice Milk	9 *Long John Strawberries 100% Juice Milk	10 *Frudel Pineapple Melon Salad 100% Juice Milk	11 Egg Omelet/*Toast Banana 100% Juice Milk	12 *Cinni-Mini Apple Slices 100% Juice Milk <b>World Kindness Day</b>
15 *Cereal/*Toast Raisins 100% Juice Milk	16 *Pizza Boats Pears 100% Juice Milk	17 *UBR Apple Slices 100% Juice Milk	18 *French Toast/Syrup Yogurt Banana 100% Juice Milk	19 *Ring Donut Mandarin Oranges 100% Grape Juice Milk
22 *Cereal/*Toast Orange Slices 100% Apple Juice Milk	23 *Breakfast Pizza Applesauce 100% Juice Milk	24 *Long John Peaches 100% Juice Milk	25 	26 
29 <b>NO SCHOOL</b> <b>HAPPY MONDAY!</b>	30 *Poptart/Yogurt Mixed Fruit 100% Juice Milk			

**One FREE Lunch Meal & One FREE Breakfast Meal-Enrolled Students**  
High School/WEST-100% Juice offered Daily with Lunch  
\*WG Item #Menu may change without notice

**Lunch (K-12) All Students Free**  
**1 Free Lunch Daily**  
**Adult Lunch-\$3.85**

**Daily Alternate Main Entree -(k-4)**  
\*Cereal/\*Toast

**Breakfast (K-12) All Students Free**  
**1 Free Breakfast**  
**Adult Breakfast-\$1.75**

**Alternate Entrees Daily (5-12)**  
"This institution is an equal opportunity provider and employer"

Menu Prepared By: **Cristy Croson-BA, SNS** FS Supervisor

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