

NEWTON COMMUNITY SCHOOLS

Lunch Menu NOVEMBER 2021



Local Milk Served with all Meals

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| New Lunch Entrée 1 Mini French Toast *Bites Baked Wedges Dried Cranberries Yogurt Cups HS-Sausage Patty | 2 *Chicken Sandwich Mixed Romaine Salad Onion Rings Cantaloupe/Grapes | 3 *Italian Dunkers/Sauce Steamed Broc/Cheese Baby Carrots Pineapple/Strawberries | 4 *Softshell Taco (lettuce & cheese) Spicy Refried Beans Steamed Corn *AppleCrisp | 5 Chicken *Drumstick M. Potato/Gravy Mixed Vegetables Peaches *Homemade Roll |
| 8 *Mini Waffles/Syrup Egg Omelet Medley Potatoes Strawberries 100% Mango Juice | 9 *Mini Corndogs Baked Beans Fresh Cauliflower-Dip Pineapple Melon Salad *Snickerdoodle | 10 Chicken *Nuggets Mashed Potatoes Steamed Green Beans Banana *Breadstick | 11 New Entrée Pulled Pork *Nachos Mexicali Corn Salsa Apple Slices Raspberry *Churro | 12 Cheese *Pizza Spinach Salad Baby Carrots Johnny Kind Pops World Kindness Day |
| 15 *Chicken/*Waffles/Syrup Blueberry Glaze Topping Tri-Tater 100% Star Cherry Juice | 16 Hot *Ham/Cheese Baked Chips Peppers/Broccoli-Dip Apple Slices | 17 *Pizza Crunchers/Sauce Mixed Romaine Salad Steamed Corn Banana Education *Snacks | 18 Tangerine *Chicken Steamed *Rice Stir Fry Vegetables Mandarin Oranges *Fortune Cookie | 19 *Cheeseburger Baked Beans Tiger Tots Mixed Fruit |
| 22 Sausage Pancake*Wrap Syrup Tater Gems 100% Dragon Punch Applesauce | 23 Turkey Gravy on Mashed Potatoes Mixed Veggies Peaches/*Roll Pumpkin *Bars | 24 *Hotdog Baked Chips Fresh Fruit Fresh Veggies | 25 26 | |
| 29 NO SCHOOL HAPPY MONDAY! | 30 *Fish and Chips Baked Beans Orange Slices Blueberry Muffin *Squares | | | |

One FREE Lunch Meal & One FREE Breakfast Meal-Enrolled Students
 High School/WEST-100% Juice offered Daily with Lunch
 *WG Item #Menu may change without notice

Lunch (K-12) All Students Free
1 Free Lunch Daily
Adult Lunch-\$3.85

Daily Alternate Main Entree -(k-4)

Monday-Sunbutter/String Cheese
 Tues-Turkey/Cheese *Sandwich
 Weds-Ham/Cheese *Sandwich
 Thursday-Turkey/Cheese *Sandwich
 Friday-Ham/Cheese *Sandwich

Breakfast (K-12) All Students Free
1 Free Breakfast
Adult Breakfast-\$1.75

"This institution is an equal opportunity provider and employer"

Menu Prepared By: **Cristy Croson-BA, SNS**

FS Supervisor

[641-792-5797 ext. 2001](tel:641-792-5797)
crosonc@newtoncsd.org