



OCTOBER 2023

ELEMENTARY LUNCH MENU



MON	TUE	WED	THU	FRI
2 Funnel Cake w/powdered sugar & syrup OR Turkey & Cheese Sandwich Choice of: Hashbrown Patty Fruit Salad	3 Totchos OR Ham & Cheese Sandwich Choice of: Refried Beans Orange Wedges	4 Chicken Drumstick Roll w Butter OR Italian Deli Sandwich w Cheese Choice of: Mashed Potatoes Peas Fruit (Cook's Choice)	5 Cheeseburger OR Cardinal Kid Pack Choice of: Smiley Fries Apple Slices	6 French Bread Cheese Pizza OR Yogurt Cup w Granola & String Cheese Choice of: Broccoli w Ranch Strawberry Cup Homemade Marshmallow Treat
9 Taco Pizza OR Turkey & Cheese Sandwich Choice of: Clementine Scooby Snacks w Chocolate Dip	10 Shredded Beef & Gravy Roll w Butter OR Ham & Cheese Sandwich Choice of: Mashed Potatoes Green Grapes	11 Chili OR Italian Deli Sandwich w Cheese Choice of: Carrots Cinnamon Baked Apples Cinnamon Roll	12 All Beef Hot Dog OR Cardinal Kid Pack Choice of: Seasoned Potato Wedges Banana	13 Italian Dunkers w Marina OR Yogurt Cup w Granola & String Cheese Choice of: Romaine Salad Triple Berry Johnny Pop
16 Pancakes w Syrup Cheese Omelet OR Turkey & Cheese Sandwich Choice of: Tater Tots Fruit Fluff	17 Beef Nachos OR Ham & Cheese Sandwich Choice of: Seasoned Black Beans Watermelon Raisels Churro	18 Popcorn Chicken Garlic Toast OR Italian Deli Sandwich w Cheese Choice of: Carrots Dried Cherries	19 Pepperoni Pizza OR Cardinal Kid Pack Choice of: Peas Red & Green Grapes	20 No School
23 No School	24 Spaghetti w Meat Sauce Garlic Toast OR Ham & Cheese Sandwich Choice of: Green Beans Applesauce	25 Corn Dog OR Italian Deli Sandwich w Cheese Choice of: Fries Banana	26 Meatball Marinara Hoagie OR Cardinal Kid Pack Choice of: Romaine Salad Pears	27 Cheese Pizza OR Yogurt Cup w Granola & String Cheese Choice of: Sweet Potato Waffle Fries Strawberry Cup Creamsicle Dessert
30 Eggo Waffles w Syrup Cheese Omelet OR Turkey & Cheese Sandwich Choice of: Hashbrown Patty Candy Corn Parfait	31 Mummy Dogs *Pretzel-wrapped hot dogs OR Ham & Cheese Sandwich Choice of: Terrifying Tex Mex Beans Frosty Eyeballs *frozen grapes Boo Berry Crisp			

***MENUS ARE SUBJECT TO
CHANGE**

****MEAL PRICES**
K-4 STUDENT LUNCH: \$3.00
REDUCED STUDENT: \$0.40
ADULT LUNCH: \$4.85
MILK: \$0.50

*****THIS IS AN EQUAL OPPORTUNITY
PROVIDER**

******IF YOU WANT TO
PURCHASE JUST A MILK, YOU
MUST HAVE MONEY IN YOUR
LUNCH ACCOUNT**



OCTOBER 2023

BMS LUNCH MENU

MON	TUE	WED	THU	FRI
2 Funnel Cake w/powdered sugar & syrup Hash Brown Patty Cheese Omelet Fruit Salad Alternate Line General Tso's Chicken Nachos Salad of the Week BLT & Breadstick	3 Totchos Refried Beans Orange Wedges Alternate Line Old School Rectangle Sausage Pizza Garlic Cheese Pizza Salad of the Week BLT & Breadstick	4 Chicken Drumstick Roll w/ Butter Mashed Potatoes Peas Fruit (Cook's Choice) Alternate Line Chicken Sandwich Nachos Salad of the Week BLT & Breadstick	5 Cheeseburger Smiley Fries Apple Slices Alternate Line Hot Dog & Fries Chicken Strips Salad of the Week BLT & Breadstick	6 French Bread Cheese Pizza Broccoli w/ Ranch Strawberry Cup Marshmallow Treat Alternate Line Pepperoni Pizza Pretzel w/ Cheese Salad of the Week BLT w/ Breadstick
9 Fiestada Taco Pizza Clementine Scooby Snacks w/ Chocolate Dip Alternate Line Walking Taco Nachos Salad of the Week Chef & Roll	10 Shredded Beef & Gravy Roll w/ Butter Mashed Potatoes Green Grapes Alternate Line Pepperoni Pizza Cheese Bites Salad of the Week Chef & Roll	11 Chili Carrots Cinnamon Baked Apples Cinnamon Roll Alternate Line Chicken Sandwich & Tots Nachos Salad of the Week Chef & Roll	12 All Beef Hot Dog Seasoned Potato Wedges Banana Alternate Line Cheeseburger & Fries Pretzel w/ Cheese Salad of the Week Chef & Roll	13 Italian Dunkers w/ Marina Romaine Salad Triple Berry Johnny Pop Alternate Line Chicken Quesadilla Mini Corn Dogs Salad of the Week Chef & Roll
16 Pancakes w/ Syrup Cheese Omelet Tater Tots Fruit Fluff Alternate Line Orange Chicken Nachos Salad of the Week Chicken Caesar & Breadstick	17 Beef Nachos Seasoned Black Beans Watermelon Raisels Churro Alternate Line Chicken Quesadilla Chicken Sandwich & Tots Salad of the Week Chicken Caesar & Breadstick	18 Popcorn Chicken Garlic Toast Carrots Dried Cherries Alternate Menu Bosco Sticks Nachos Salad of the Week Chicken Caesar & Breadstick	19 Pepperoni Pizza Peas Red & Green Grapes Alternate Menu Cheeseburger & Fries Popcorn Chicken Salad of the Week Chicken Caesar & Breadstick	20 No School
23 No School	24 Spaghetti w/ Meat Sauce Garlic Toast Green Beans Applesauce Alternate Line Cheese Pizza Chicken Sandwich & Fries Salad of the Week Chef & Roll	25 Sweet & Sour Chicken Steamed Rice Stir Fry Veggies Banana Alternate Line Pizza Crunchers Nachos Salad of the Week Chef & Roll	26 Meatball Marinara Hoagie Romaine Salad Pears Alternative Line Hot Dog & Fries Chicken Nuggets Salad of the Week Chef & Roll	27 Cheese Pizza Sweet Potato Waffle Fries Strawberry Cup Creamsicle Dessert Alternate Line Quesadilla Pizza Pretzel w/ Cheese Salad of the Week Chef & Roll
30 Eggo Waffles w/ Syrup Cheese Omelet Hash Brown Patty Candy Corn Parfait Alternate Line Taco Burger Nachos Salad of the Week Southwestern & Corn Muffin	31 Terrifying Tex Mex Beans Frosty Eyeballs *frozen grapes Boo Berry Crisp Alternate Line Cheesy Garlic Tombstones Mummy Dog *pretzel-wrapped hot dog Salad of the Week Southwestern & Corn Muffin			

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OCTOBER 2023

NHS & WEST LUNCH MENU

MON	TUE	WED	THU	FRI
2 Funnel Cake w powdered sugar & syrup Hash Brown Patty Cheese Omelet Fruit Salad Salad of the Week BLT & Breadstick	3 Totchos Tex Mex Beans Orange Wedges Salad of the Week BLT & Breadstick	4 Chicken Drumstick Roll w Butter Mashed Potatoes Peas Fruit (Cook's Choice) Salad of the Week BLT & Breadstick	5 Cowboy Burger Smiley Fries Apple Slices Salad of the Week BLT & Breadstick	6 Meatball Marinara Hoagie Broccoli w Ranch Strawberry Cup Marshmallow Treat Salad of the Week BLT w Breadstick
9 Chicken Fajitas Fajita Blend Peppers & Onions Spanish Rice Clementine Scooby Snacks w Chocolate Dip Salad of the Week Chef & Roll	10 Hot Beef Sundae Roll w Butter Green Grapes Salad of the Week Chef & Roll	11 Chili Carrots Cinnamon Baked Apples Cinnamon Roll Salad of the Week Chef & Roll	12 Hot Dog OR Chili-Cheese Dog Potato Wedges Cook's Choice of Fruit Salad of the Week Chef & Roll	13 Sweet Thai Boneless Chicken Wing Bowl Romaine Salad Triple Berry Johnny Pop Salad of the Week Chef & Roll
16 Breakfast Tacos Tater Tots Fruit Fluff Salad of the Week Chicken Caesar & Breadstick	17 Box Lunches American Sub Baked Lay's - BBQ Assorted Fresh Fruits & Veggies Chocolate Chip Cookie	18 Popcorn Chicken Bowl Dried Cherries Roll w Butter Salad of the Week Chicken Caesar & Breadstick	19 Box Lunches Turkey & Cheese Hoagie Cool Ranch Doritos Assorted Fresh Fruits & Veggies Triple Chocolate Cookie	20 No School
23 No School	24 Spaghetti w Meat Sauce Garlic Toast Green Beans Applesauce Salad of the Week Chef & Roll	25 Sweet & Sour Chicken Steamed Rice Stir Fry Veggies Banana Fortune Cookie Salad of the Week Chef & Roll	26 Homemade Chicken Noodle Soup Romaine Salad Pears Roll w Butter Salad of the Week Chef & Roll	27 Cheese Pizza Sweet Potato Fries Strawberry Cup Creamsicle Dessert Salad of the Week Chef & Roll
30 Sausage, Egg, & Cheese Biscuit OR Granola Parfait Hash Brown Patty Candy Corn Parfait Salad of the Week Southwestern & Corn Muffin	31 Tacos Terrifying Tex Mex Beans Frosty Eyeballs *frozen grapes Boo Berry Crispies Salad of the Week Southwestern & Corn Muffin			

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