



# OCTOBER 2023

## ELEMENTARY LUNCH MENU



MON	TUE	WED	THU	FRI
<b>2</b> Funnel Cake w/powdered sugar & syrup <b>OR</b> Turkey & Cheese Sandwich <b>Choice of:</b> Hashbrown Patty Fruit Salad	<b>3</b> Totchos <b>OR</b> Ham & Cheese Sandwich <b>Choice of:</b> Refried Beans Orange Wedges	<b>4</b> Chicken Drumstick Roll w Butter <b>OR</b> Italian Deli Sandwich w Cheese <b>Choice of:</b> Mashed Potatoes Peas Fruit (Cook's Choice)	<b>5</b> Cheeseburger <b>OR</b> Cardinal Kid Pack <b>Choice of:</b> Smiley Fries Apple Slices	<b>6</b> French Bread Cheese Pizza <b>OR</b> Yogurt Cup w Granola & String Cheese <b>Choice of:</b> Broccoli w Ranch Strawberry Cup
<b>9</b> Taco Pizza <b>OR</b> Turkey & Cheese Sandwich <b>Choice of:</b> Clementine Scooby Snacks w Chocolate Dip	<b>10</b> Shredded Beef & Gravy Roll w Butter <b>OR</b> Ham & Cheese Sandwich <b>Choice of:</b> Mashed Potatoes Green Grapes	<b>11</b> Chili <b>OR</b> Italian Deli Sandwich w Cheese <b>Choice of:</b> Carrots Cinnamon Baked Apples Cinnamon Roll	<b>12</b> All Beef Hot Dog <b>OR</b> Cardinal Kid Pack <b>Choice of:</b> Seasoned Potato Wedges Fruit - Cook's Choice	<b>13</b> Italian Dunkers w Marina <b>OR</b> Yogurt Cup w Granola & String Cheese <b>Choice of:</b> Romaine Salad Triple Berry Johnny Pop
<b>16</b> Pancakes w Syrup Cheese Omelet <b>OR</b> Turkey & Cheese Sandwich <b>Choice of:</b> Tater Tots Fruit Fluff	<b>17</b> Beef Nachos <b>OR</b> Ham & Cheese Sandwich <b>Choice of:</b> Seasoned Black Beans Watermelon Raisels Churro	<b>18</b> Popcorn Chicken Garlic Toast <b>OR</b> Italian Deli Sandwich w Cheese <b>Choice of:</b> Carrots Dried Cherries	<b>19</b> Pepperoni Pizza <b>OR</b> Cardinal Kid Pack <b>Choice of:</b> Peas Red & Green Grapes	<b>20</b> <b>No School</b>
<b>23</b> <b>No School</b>	<b>24</b> Spaghetti w Meat Sauce Garlic Toast <b>OR</b> Ham & Cheese Sandwich <b>Choice of:</b> Green Beans Applesauce	<b>25</b> Corn Dog <b>OR</b> Italian Deli Sandwich w Cheese <b>Choice of:</b> Fries Fruit - Cook's Choice	<b>26</b> Meatball Marinara Hoagie <b>OR</b> Cardinal Kid Pack <b>Choice of:</b> Romaine Salad Pears	<b>27</b> Cheese Pizza <b>OR</b> Yogurt Cup w Granola & String Cheese <b>Choice of:</b> Sweet Potato Waffle Fries Strawberry Cup Creamsicle Dessert
<b>30</b> Eggo Waffles w Syrup Cheese Omelet <b>OR</b> Turkey & Cheese Sandwich <b>Choice of:</b> Hashbrown Patty Candy Corn Parfait	<b>31</b> Mummy Dogs *Pretzel-wrapped hot dogs <b>OR</b> Ham & Cheese Sandwich <b>Choice of:</b> Terrifying Tex Mex Beans Frosty Eyeballs *frozen grapes Boo Berry Bar			

**\*MENUS ARE SUBJECT TO  
CHANGE**

**\*\*MEAL PRICES**  
**K-4 STUDENT LUNCH: \$3.00**  
**REDUCED STUDENT: \$0.40**  
**ADULT LUNCH: \$4.85**  
**MILK: \$0.50**

**\*\*\*THIS IS AN EQUAL OPPORTUNITY  
PROVIDER**

**\*\*\*\*IF YOU WANT TO  
PURCHASE JUST A MILK, YOU  
MUST HAVE MONEY IN YOUR  
LUNCH ACCOUNT**



# OCTOBER 2023

## BMS LUNCH MENU

MON	TUE	WED	THU	FRI
<b>2</b> Funnel Cake w/powdered sugar & syrup Hash Brown Patty Cheese Omelet Fruit Salad <b>Alternate Line</b> General Tso's Chicken Nachos <b>Salad of the Week</b> BLT & Breadstick	<b>3</b> Totchos Refried Beans Orange Wedges <b>Alternate Line</b> Old School Rectangle Sausage Pizza Garlic Cheese Pizza <b>Salad of the Week</b> BLT & Breadstick	<b>4</b> Chicken Drumstick Roll w/ Butter Mashed Potatoes Peas Fruit (Cook's Choice) <b>Alternate Line</b> Chicken Sandwich Nachos <b>Salad of the Week</b> BLT & Breadstick	<b>5</b> Cheeseburger Smiley Fries Apple Slices <b>Alternate Line</b> Hot Dog & Fries Chicken Strips <b>Salad of the Week</b> BLT & Breadstick	<b>6</b> French Bread Cheese Pizza Broccoli w/ Ranch Strawberry Cup <b>Alternate Line</b> Pepperoni Pizza Pretzel w/ Cheese <b>Salad of the Week</b> BLT w/ Breadstick
<b>9</b> Fiestada Taco Pizza Clementine Scooby Snacks w/ Chocolate Dip <b>Alternate Line</b> Walking Taco Nachos <b>Salad of the Week</b> Chef & Roll	<b>10</b> Shredded Beef & Gravy Roll w/ Butter Mashed Potatoes Green Grapes <b>Alternate Line</b> Pepperoni Pizza Cheese Bites <b>Salad of the Week</b> Chef & Roll	<b>11</b> Chili Carrots Cinnamon Baked Apples Cinnamon Roll <b>Alternate Line</b> Chicken Sandwich & Tots Nachos <b>Salad of the Week</b> Chef & Roll	<b>12</b> All Beef Hot Dog Seasoned Potato Wedges Fruit - Cook's Choice <b>Alternate Line</b> Cheeseburger & Fries Pretzel w/ Cheese <b>Salad of the Week</b> Chef & Roll	<b>13</b> Italian Dunkers w/ Marina Romaine Salad Triple Berry Johnny Pop <b>Alternate Line</b> Chicken Quesadilla Mini Corn Dogs <b>Salad of the Week</b> Chef & Roll
<b>16</b> Pancakes w/ Syrup Cheese Omelet Tater Tots Fruit Fluff <b>Alternate Line</b> Orange Chicken Nachos <b>Salad of the Week</b> Chicken Caesar & Breadstick	<b>17</b> Beef Nachos Seasoned Black Beans Watermelon Raisels Churro <b>Alternate Line</b> Chicken Quesadilla Chicken Sandwich & Tots <b>Salad of the Week</b> Chicken Caesar & Breadstick	<b>18</b> Popcorn Chicken Garlic Toast Carrots Dried Cherries <b>Alternate Menu</b> Bosco Sticks Nachos <b>Salad of the Week</b> Chicken Caesar & Breadstick	<b>19</b> Pepperoni Pizza Peas Red & Green Grapes <b>Alternate Menu</b> Cheeseburger & Fries Popcorn Chicken <b>Salad of the Week</b> Chicken Caesar & Breadstick	<b>20</b> No School
<b>23</b> No School	<b>24</b> Spaghetti w/ Meat Sauce Garlic Toast Green Beans Applesauce <b>Alternate Line</b> Cheese Pizza Chicken Sandwich & Fries <b>Salad of the Week</b> Chef & Roll	<b>25</b> Sweet & Sour Chicken Steamed Rice Stir Fry Veggies Fruit - Cook's Choice <b>Alternate Line</b> Pizza Crunchers Nachos <b>Salad of the Week</b> Chef & Roll	<b>26</b> Meatball Marinara Hoagie Romaine Salad Pears <b>Alternative Line</b> Hot Dog & Fries Chicken Nuggets <b>Salad of the Week</b> Chef & Roll	<b>27</b> Cheese Pizza Sweet Potato Waffle Fries Strawberry Cup Creamsicle Dessert <b>Alternate Line</b> Quesadilla Pizza Pretzel w/ Cheese <b>Salad of the Week</b> Chef & Roll
<b>30</b> Eggo Waffles w/ Syrup Cheese Omelet Hash Brown Patty Candy Corn Parfait <b>Alternate Line</b> Taco Burger Nachos <b>Salad of the Week</b> Southwestern & Corn Muffin	<b>31</b> Terrifying Tex Mex Beans Frosty Eyeballs *frozen grapes Boo Berry Bar <b>Alternate Line</b> Cheesy Garlic Tombstones Mummy Dog *pretzel-wrapped hot dog <b>Salad of the Week</b> Southwestern & Corn Muffin			

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**\*\*MEAL PRICES**

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**REDUCED STUDENT: \$0.40**

**ADULT LUNCH: \$4.85**

**MILK: \$0.50**

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# OCTOBER 2023

## NHS & WEST LUNCH MENU

MON	TUE	WED	THU	FRI
<b>2</b> Funnel Cake w powdered sugar & syrup Hash Brown Patty Cheese Omelet Fruit Salad <b>Salad of the Week</b> BLT & Breadstick	<b>3</b> Totchos Tex Mex Beans Orange Wedges <b>Salad of the Week</b> BLT & Breadstick	<b>4</b> Chicken Drumstick Roll w Butter Mashed Potatoes Peas Fruit (Cook's Choice) <b>Salad of the Week</b> BLT & Breadstick	<b>5</b> Cowboy Burger Smiley Fries Apple Slices <b>Salad of the Week</b> BLT & Breadstick	<b>6</b> Meatball Marinara Hoagie Broccoli w Ranch Strawberry Cup <b>Salad of the Week</b> BLT w Breadstick
<b>9</b> Chicken Fajitas Fajita Blend Peppers & Onions Spanish Rice Clementine Scooby Snacks w Chocolate Dip <b>Salad of the Week</b> Chef & Roll	<b>10</b> Hot Beef Sundae Roll w Butter Green Grapes <b>Salad of the Week</b> Chef & Roll	<b>11</b> Chili Carrots Cinnamon Baked Apples Cinnamon Roll <b>Salad of the Week</b> Chef & Roll	<b>12</b> Hot Dog OR Chili-Cheese Dog Potato Wedges Cook's Choice of Fruit <b>Salad of the Week</b> Chef & Roll	<b>13</b> Italian Dunkers w Marina Romaine Salad Triple Berry Johnny Pop <b>Salad of the Week</b> Chef & Roll
<b>16</b> Breakfast Tacos Tater Tots Fruit Fluff <b>Salad of the Week</b> Chicken Caesar & Breadstick	<b>17</b> Box Lunches American Sub Baked Lay's - BBQ Assorted Fresh Fruits & Veggies Chocolate Chip Cookie	<b>18</b> Popcorn Chicken Bowl Dried Cherries Roll w Butter <b>Salad of the Week</b> Chicken Caesar & Breadstick	<b>19</b> Box Lunches Turkey & Cheese Hoagie Cool Ranch Doritos Assorted Fresh Fruits & Veggies Triple Chocolate Cookie	<b>20</b> No School
<b>23</b> No School	<b>24</b> Spaghetti w Meat Sauce Garlic Toast Green Beans Applesauce <b>Salad of the Week</b> Chef & Roll	<b>25</b> Sweet & Sour Chicken Steamed Rice Stir Fry Veggies Fruit - Cook's Choice Fortune Cookie <b>Salad of the Week</b> Chef & Roll	<b>26</b> Homemade Chicken Noodle Soup Romaine Salad Pears Roll w Butter <b>Salad of the Week</b> Chef & Roll	<b>27</b> Cheese Pizza Sweet Potato Fries Strawberry Cup Creamsicle Dessert <b>Salad of the Week</b> Chef & Roll
<b>30</b> Sausage, Egg, & Cheese Biscuit OR Granola Parfait Hash Brown Patty Candy Corn Parfait <b>Salad of the Week</b> Southwestern & Corn Muffin	<b>31</b> Tacos Terrifying Tex Mex Beans Frosty Eyeballs *frozen grapes Boo Berry Bar <b>Salad of the Week</b> Southwestern & Corn Muffin			

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CHANGE**

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**REDUCED STUDENT: \$0.40**

**ADULT LUNCH: \$4.85**

**MILK: \$0.50**

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